

Specialist Times

Fascia Place takes it to another level

THE range of products available in PVC and PVCu from The Fascia Place is really quite amazing.

Most people believe windows and doors are only available in white, but with modern manufacturing processes there are a multitude of colours that make preparation and repainting a thing of the past.

The company can also supply fencing, cladding, verandas and balconies with laminate flooring. Welcome to the neat, clean world of Swish PVC boards where dirt, grime and rot are banished.

Your home is under constant attack from the elements and there is nowhere more dif-

ficult to get at with a paint brush, or more prone to damage from the elements than the boarding around the edge of your roof.

Swish cellular PVC will solve this problem. Swish Roofline boards will never need painting and will not rot, maintaining their good looks for years.

The Fascia Place offers the latest in security combined with style. Sekura is a whole new generation of windows and doors.

The head office is in Camberley at 26 Doman Road, York Town Industrial Estate, telephone 01276 65498. The Guildford branch is at Unit D, Woodbridge Park Estate, Woodbridge Road, call 01483 301666.

Your chance to step up and dance

HAVE you ever watched other people dancing and wished that you could do the same?

The Swing Dance Company has put together an absolute beginners jive course to suit all ages and levels of fitness. By the end of 10 weeks it aims to transform even those with two left feet into two confident ones.

These courses are a great way to have fun, enjoy some light exercise, and learn something new. During the course you will learn simple jive moves taught at a steady pace with thorough and very friendly teachers.

A mixture of jumpin-jazz, rock 'n roll and rhythm and blues tunes will be played to keep the classes upbeat and fun.

If you're still not sure, then you can try before you buy on a free trial night at Stoughton Community Centre in Guildford starting the week commencing September



Enjoying the excitement of dance.

26. Other areas include Alton, Farnham and Petersfield. Call now to book your space on 02392 699088 or visit www.theswingdancecompany.co.uk for more information.



Tracey and Suzanne enjoy the Slimming World group's first anniversary.

Party time for Slimming World

TRACEY Chubb and her Slimming World group, which is held at 10am on Wednesdays at Emmanuel Parish Centre, Guildford, have celebrated their first anniversary.

Tracey said: "I can't believe it's been a year already. It's been so much fun for me running the group, and we have had some fabulous weight losses, with quite a few members reaching their target."

"It very quickly became a friendly, buzzy group. A few members knew each other before joining, and soon

became part of our family. "There is always room for more and I know there are more people in the Guildford area who need our help and support."

So far, members have lost 2,012lb, which is 143 stone 10lb, with the top achiever losing a total of five stone. Along the way she had holidays, Christmas and nights out just like the rest of us.

The group had a party, cake (yes they can have their cake and eat it) and a cup of tea (10am is too early for a toast) were the order of the day to celebrate the first

year and to wish the group many more.

Slimming World's healthy eating plan focuses mainly on "free foods" that you can eat freely without the need for weighing and measuring and includes meals such as eggs, chip and bean, or cooked breakfast of fried egg, mushroom, tomatoes, fried bread and sausages.

Along with the help you'll receive from weekly meetings, Slimming World really can help you reach your goal. For more details visit www.slimming-world.com or call 0870 330 7733.

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Absolute Beginners Jive Courses

Free trial week... book your place now!
 10 week jive courses starting from 24th Sept.
 Easy to learn, fun & friendly classes, step by step instructions & no funny footwork.

DAY	TOWN	TIME
Monday	Alton, Community Centre	7.00-8.00pm
Wednesday	Guildford, Stoughton Social Club (no partner required)	8.00-9.00pm
Wednesday	Guildford, Stoughton Social Club (partner required)	6.30-7.30pm
Thursday	Farnham, Memorial Hall	7.00-8.00pm

Further classes & areas available, please ask! Booking essential, but don't pay until you've tried it!
 Course costs £54 per person.

To book your spaces call: **02392 699088**

For more information visit www.theswingdancecompany.co.uk

THE Milford Window Company is your local window, door and conservatory installer, specialising in PVCu and aluminium.

It is a family run business that has established itself as a reputable company over the years, the majority of its work generating from recommendations and referrals, which it prides itself on.

The firm has decided not to follow the trend and go down the "bargain basement" product line and instead offers superior quality hardware such as a choice of stylish handles including "gun metal" and polished chrome, hinges, door and window gearing, locks, and so on, at sensible prices.

Over the last year it has introduced some fabulous new products which are proving to be very successful.

These include bi-fold doors – an exciting alternative to patio doors.

Its workmen are the company's employees; sub-contractors are not used.

For further information, call 01483 426141.



A top class door from The Milford Window Company.