

Appetizers

Bowl of Olives with Bread	£2.99
Parma Ham, Brie & Home Marinated Olives GF <i>Served to Share</i>	£5.25
Garlic Bread	£2.99
Garlic Bread with Cheese	£3.20
Bread with Selection of Portuguese Paté	£3.50

Starters

Soup of the Day GF <i>With Bread & Butter</i>	£3.00
Caldo Verde GF <i>Creamed Potato Soup, Cabbage & Chouriço</i>	£3.99
Prawn Cocktail GF <i>Prawns Served In a Bed of Salad Garnished with Homemade Cocktail Sauce & Lemon</i>	£4.75
Scottish Mussels GF <i>With Spicy Garlic and Pepper Sauce</i>	£6.95
Roasted Garlic Mushrooms <i>Served With Bread & Butter</i>	£4.05
3 Rissois with Rocket, Vine Tomatoes, herbs and Lettuce <i>Portuguese Turnovers with Shrimp Filling</i>	£4.95
3 Croquettes with Rocket, Vine Tomatoes, Herbs and Lettuce <i>Portuguese Beef Croquettes</i>	£4.95
Pasteis de Bacalhau with Rocket Vine Tomatoes Herbs & Lettuce <i>Cod fish Cakes</i>	£4.95
Portuguese Delicate Selection <i>Selection of 1 Rissol, 1 Croquette & 1 Pastel de Bacalhau with Rocket, Vine Tomatoes, Herbs and Lettuce</i>	£4.95

Main Courses

Meat

Spicy Chicken Strips GF <i>Spiced Chicken Strips Served On a Bed of Salad with Chips</i>	£4.65
¼ Chicken (Portuguese Style) GF (if eaten with chips) <i>Piri Piri Chicken Marinated by our Extraordinary Recipe, Served with Chips or Rice</i>	£4.99
½ Chicken (Portuguese Style) <i>Piri Piri Chicken Marinated By Our Extraordinary Recipe, Served With Chips & Rice</i>	£9.20
Whole Chicken (Portuguese Style) <i>Piri Piri Chicken Marinated by our Extraordinary Recipe, Served With Chips, Rice & Salad</i>	£13.90
Bitoque Fried Steak <i>Fried Steak Topped with Egg, Served with Chips, Rice & Grated Carrots</i>	£8.80
Braza Steak (A Casa) GF <i>8oz Sirloin Steak Topped With Egg, Cured Ham, with Buttered Sauce, Diced Potatoes in Herbs & Vegetables</i>	£14.99
Rump Steak <i>8oz Steak, Served with Chips, Rice & Salad</i>	£10.80
British Lamb Chops <i>Served with Chips, Rice & Salad</i>	£10.99
Sirloin Steak <i>8oz Sirloin Steak, Served with Chips, Rice & Salad</i>	£11.99
Portuguese Meat Skewer GF <i>Chunks of Pork & Beef with Peppers, Onions, Served With Chips & Salad</i>	£11.50
Portuguese Seafood Skewer GF <i>Chunks of Squid, Prawns, Onions, Peppers, Served with Chips & Salad</i>	£13.50

Fish

Whole Sea Bass Grilled or Roasted GF £11.00
Served with Potatoes & Vegetables

Sea Bass Fillet Grilled GF £11.00
*Sea Bass Fillet grilled with Lemon and Wine Sauce
Served with Chips
and Salad*

Grilled Sardines GF £10.25
Served With Boiled Potatoes & Grilled Pepper Salad

“Ask for our Fresh Fish of the Day”

Seafood

Lagosta* £30.00
Lobster Au Gratin

Crab* £18.00
Stuffed With Eggs & Sauce

King Prawns* GF per kilo £29.99
*Grilled & Topped with a Sauce of Garlic, Spices &
Whisky*

Lulas Estufadas* GF £11.99
*Squid in a Stew, Served with Boiled Potatoes &
Herbs*

Octopus Rice* GF £13.95
Portuguese Octopus with Rice & Herbs

**All Seafood Dishes Must be Ordered ONE Day in
Advance*

Children's Menu

Chicken Strips & Chips £3.10

Egg, Chips or Beans £3.10

Sausage & Chips £3.10

Portuguese Menu

Caldeirada De Borrego GF £11.50
Traditional Stew of Lamb, Served with Boiled Potatoes

Rojões À Moda Do Porto GF £10.99
*Flavoured Stew with Soft Chunks of Pork, Served with
Roasted Potatoes & Vegetables*

Cozido À Portuguesa £14.99
*Variety of Boiled Meats: Pork Belly, Pig's Ear and Feet.
Beef, Chicken, Smoked Bacon and a variety of Chouriços
served with boiled Potatoes, Rice, Carrots
and Spring Cabbage*

Feijoada À Portuguesa GF £10.99
Rich Stew with Beans, Cabbage, Chouriço and Meats

Arroz De Pato £11.99
Roasted Duck mixed with Rice and Chouriço

Açorda De Marisco £13.50
Mashed Bread with Garlic, Coriander, Eggs, and Shrimps

Feijoada De Lulas £14.50
*Creamy Onion Garlic and Pepper Sauce with Soft Squid
Slices
Served with rice*

Lombo De Porco Com Ameijoa GF £12.99
*Pork Loin & Clamps in a Tomato, Onion and Wine Sauce,
Served with Fries*

Bacalhau À Bras GF £12.99
*Portuguese Cod, Fries and Herbs All Mixed Together with
Scrambled Eggs*

Bacalhau Com Natas £12.99
Portuguese Cod mixed with Dice Potatoes & Cream

Bacalhau À Lagareiro GF £15.50
*Portuguese Cod Roasted with Potatoes Flourished with
Extra Virgin Olive
Oil, Onions and Garlic*

Francezinha £10.99
*Layers of Bread, Ham, Sausage, Steak and a Generous
Layer of Melted Cheese and a Smothered Spicy Sauce*

Francezinha Especial £13.50
*Layers of Bread, Ham, Sausage, Steak Topped with Egg,
a Generous Layer of Melted Cheese and Spicy Sauce
Served with Chips*

Side Orders

Rice	£2.00
Chips	£2.00
Potatoes	£2.00
Vegetables	£2.50

Vegetarian

Ratatouille	£8.99
<i>Onions, Tomato, Peppers, Courgette and Aubergines Served with Rice</i>	
Stir Fry	£7.99
<i>Soya Sprouts, Mushrooms, Onions, Peppers, Cabbage with Rice</i>	
Vegetarian Feijoada	£7.99
<i>Stew of Onions, Garlic, Tomato and Rose Coco Beans</i>	

Salads GF

Traditional Portuguese Salad	£4.15
<i>Lettuce, Tomatoes & Red Onions</i>	
Braza Salad	£6.95
<i>Lettuce, Rocket, Cherry Tomatoes, Carrots, Peppers & Red Onions</i>	
Chicken Salad	£4.00
Tuna Salad	£4.30
Prawns Salad	£5.30

Desserts

Specialidade da Casa	£3.80
<i>Layers of Biscuits and Creams Topped with Flaked Chocolate</i>	
Salada de Fruta <small>GF</small>	£2.80
<i>Fruit Salad (Seasonal)</i>	
Mousse De Chocolate	£3.10
<i>Chocolate Mousse</i>	

Arroz Doce	£2.60
<i>Portuguese Sweet Rice Pudding</i>	

Pudding Molotof <small>GF</small>	£3.50
<i>Soft Meringue with Caramel, Topped with Egg Cream</i>	

Pudding Flan <small>GF</small>	£3.50
<i>Cream Caramel</i>	

Pasteis de Nata	£2.50
<i>Portuguese Cream Tarts</i>	

Wine

Red	125ml	175ml	Bottle
Red Dao Cabriz	£3.60	£4.45	£18.15
Red Dona Helena	£3.30	£3.65	£16.50

Sangria	1 Litre	£11.50
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White	125ml	175ml	Bottle
White Dao Cabriz	£3.60	£4.45	£18.15

Vinho Verde	125ml	175ml	Bottle
Casal Garcia	£3.45	£3.85	£17.00

Rose	125ml	175ml	Bottle
Esporao Alandra	£3.10	£3.50	£15.24

Housewine	125ml	175ml	Bottle
House Red	£2.95	£3.55	£14.00

House White	£2.95	£3.55	£14.00
Champagne			Bottle
Montanha Red Champagne			£30.00

Dessert Wines			
Moscatel de Setubal			£2.30

Spirits

25ml

Port Extra Dry (Aperitif Wine)	£2.20
Port Wine	£2.10
Baileys	£2.15
Archers	£1.75
Licor Beirao (Portuguese Liqueur)	£2.60
Cointreau	£2.45
Tia Maria	£2.10
Southern Comfort	£2.15
Amarula	£1.75
Sambuca	£1.80
Drambuie	£2.45
Gordon's Gin	£2.15
Jack Daniels	£2.25
Jameson's	£2.15
Vodka	£1.75
Bacardi	£1.75
Alianca Velha (Aguardente)	£2.60
Macieira (Portuguese Brandy)	£2.60
Desire Shot	£2.50

Beer

Superbock	£2.95
Sagres	£3.50
Sagres Draug	½ Pint £2.75 Pint £3.50

Soft Drinks

7UP Lime and Lemon	£1.50
Coca Cola	£1.50
Diet Coke	£1.50
Lemonade	£1.50
J2O Orange & Passion Fruit	£1.80
J2O Apple & Mango	£1.80
Britvic Tonic	£1.20
Soda Water	£0.50
Fanta Orange	£1.50
Sumol néctar Mango	£1.95
Sumol 100% Orange Juice	£1.95

Water

Luso Mineral Water	500ml £1.59	1Lt £2.58
Pedras Sparkling Water		250ml £1.55

Coffee

Americano	£1.50
Cafe Latte	£2.00
Cafe Mocha	£1.75
Cappuccino	£1.80
Espresso	£1.40
Latte (Flavoured)	£2.50
Ristretto	£1.60
Flavoured Syrup (Hazelnut, Vanilla, English Toffee)	£0.50
Tea	£0.70
Hot Chocolate	£1.75